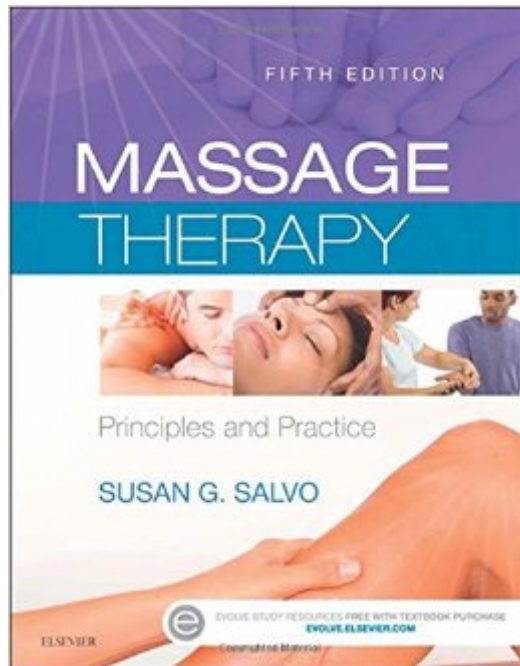


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# Massage Therapy: Principles And Practice, 5e



## Synopsis

Covering massage fundamentals, techniques, and anatomy and physiology, Susan Salvo's *Massage Therapy: Principles and Practice*, 5th Edition brings a whole new meaning to the word "comprehensive." This student-friendly text boasts more than 700 illustrations and expanded sections on neuroscience, research, and special populations, plus new line drawings in the kinesiology chapter of origins and insertions that match the painted skeletons found in most classrooms. It makes the essential principles of massage therapy more approachable and prepares you for success in class, on licensing and board certification exams, and in a wide range of therapeutic practice settings. Clear, straightforward approach simplifies complex content for easier understanding. Complete anatomy and physiology section, in addition to material on techniques and foundations, gives you all the information you need in just one book. Certification Practice Exam on Evolve mimics the major certification exams in format and content, builds confidence, and helps increase pass rates. Over 700 high-quality illustrations, including line drawings and halftones, clarify difficult concepts in vibrant detail. Case studies challenge you to think critically and apply your understanding to realistic scenarios, foster open-mindedness, and stimulate dialogue. Profile boxes provide an inspirational, real-world perspective on massage practice from some of the most respected authorities in massage and bodywork. Clinical Massage chapter focuses on massage in clinical settings like hospitals, nursing homes, and medical offices to broaden your career potential. Two business chapters loaded with skills to make you more marketable and better prepared for today's competitive job market. Video icons refer you to the Evolve site featuring about 120 minutes of video covering techniques, routines, client interaction sequences, and case studies that facilitate the learning process and the practical application of the material. Evolve icons listed in each chapter encourage you to go beyond the lecture and reading assignments and learn more on the Evolve site. Evolve boxes at the end of each chapter list Chapter Extras found on Evolve that reinforce concepts learned in the chapter. NEW! Revised line drawing color scheme for origin and insertion matches the painted skeleton found in most classrooms, maintains consistency, and prevents confusion in learning origin and insertion points on the body. NEW! Coverage of Thai massage provides up-to-date content on the most useful, in-demand modalities that are most often requested by clients and better prepares you for what you will encounter during training and practice. NEW! Updated text reflects changes to the new board certification exam so you have the most up-to-date, relevant information - and are fully prepared to pass the current exams. NEW! Brand new Think About It, Webquest, and Discussion features in each chapter's Test Your Knowledge section build your vocabulary usage and critical thinking skills necessary for day-to-day

work with clients. **EXPANDED!** More content on pain theories, the neuromatrix model, and pain management, plus updated guidelines for massage after surgery and injury, equips you with essential information when working in rehab. **NEW!** Updated instructor resources, featuring more TEACH lesson plan classroom activities and an additional 500 test questions, provide instructors with more ways to interact with and test students.

## **Book Information**

Series: Massage Therapy Principles and Practice

Paperback: 824 pages

Publisher: Saunders; 5 edition (April 27, 2015)

Language: English

ISBN-10: 0323239714

ISBN-13: 978-0323239714

Product Dimensions: 8.5 x 1 x 10.8 inches

Shipping Weight: 3.6 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (12 customer reviews)

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## **Customer Reviews**

Love this book!! This is an amazing massage therapy book for students!! I am studying before I get into trade school, and this book is just so helpful. It arrived on time and it looks great too! Seriously, if you're looking for a really good book to study on massage therapy, this is what you're looking for.

Massage therapy principles and practice has made being a massage instructor so much easier! I especially love the book because of its Beautiful illustrations and organized style. Some of my favorite features include the case studies and discussions at the end of each chapter.

Helped me pass my Mblex.

Susan Salvo<sup>TM</sup>'s Massage Therapy Principles and Practice editions have been a massage therapy fundamentals staple for years. The newest edition of this textbook should be highly anticipated by

educators and students. This edition's content debuts at pivotal point in massage therapy education where consumers and therapists are searching for research literacy, improved communication information, pain science information and research-based evidence. *Massage Therapy Principles and Practice, 5e* is the type of cornerstone fundamentals book that many programs have been waiting to use. The book is user friendly. With its additional anatomy, physiology and kinesiology chapters, the book will aid students in cutting costs on the total number of books needed for fundamentals in addition to supplying educators with additional learning platform resources. The author has raised the bar for what we should expect from publishers by staying current with research and instructor resources. The massage effects chapter is loaded with current research and stunning images.

I don't have any real issues with the book other than the fact that it has SO MANY grammatical errors and other mistakes in it. I'm not one of those grammar nazis but it's very obvious they skipped proof reading entirely. I've had to reread sentences because they don't make sense. Thankfully, they are mainly little mistakes which don't compromise the material. Though I was amused by the book suggesting that "middle of the nineteenth century" and "middle 1900s" were the same thing. So again, not a bad book for the material, but sometimes hard to study when the reading flow gets interrupted. People with dyslexia, beware. (Seriously, it will drive you nuts.)

OMG! This is a must, must, MUST BUY! This is so much better read I love Susan G Salvo Massage books! This is a must read and the highest chances to pass your MBLEX test! :)

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